

## How much does it cost?

BST is one of the most cost effective programs available.

Tutor Training fee: \$250  
(\$305 for non-SARC members)

Learner fee: \$200  
(\$260 for non-SARC Members)

## Is there financial help to offer BST?

Yes there is! Thank you to the Provincial Training Committee for:

- Two Learner bursaries (\$200 each) per agency per fiscal year for SARC Member Agencies
- Bursaries (\$250.) for the Tutor training sessions.

## Did you Know?

- Over 500 SARC Member Agency staff members have completed BST since 2000.
- 80% of SARC Member Agencies offer BST.
- Over 145 Tutors have completed Tutor training.

## What do Learners say about BST?

"Finally! A course that gave information, ground work, the language that describes what we do and the knowledge and understanding for the future."

"I appreciated the 'down to earth' information in the modules. This course did make me think and evaluate why I do things and what I could change and improve."

## What do Tutors say about BST?

"We have incorporated BST into our staff training plan. It gives staff the background, tools, philosophy and attitude to do their jobs."

"The attitude and application portion of BST has been an excellent tool to support skill development and performance standards."

"We often use BST to augment other training that staff bring to the table. If they come to us with a training or experience somewhat related to the field, we find BST gives them the well rounded knowledge they need to support our participants."

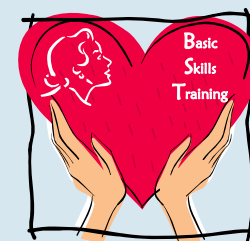
## Who do I call to learn more?

To learn more about BST or for Tutor assistance please contact  
Marlene Dray at 933-0616 extension 231, or  
[mldray@sarcan.sk.ca](mailto:mldray@sarcan.sk.ca).

For assistance with registering a Learner, or for more information on Tutor Training events and retreats, please contact  
Mindy Bonderoff at 933-0616 extension 239 or  
[mbonderoff@sarcan.sk.ca](mailto:mbonderoff@sarcan.sk.ca)

# Basic Skills Training

## Version 3.0 SK



# Basic Skills Training (BST) Version 3.0 SK

## What is BST?

BST is an in-house program designed to meet the needs of Direct Support Workers. It has been used extensively in Saskatchewan and Alberta to provide Direct Support Workers with the knowledge, skills and attitudes that are necessary to promote choices, independence and quality life experiences for the individuals they support. It has Saskatchewan specific information to make it relevant for your staff members.

## Is this training recognized?

Yes! SARC partners with SIAST to offer BST. SIAST issues Certificates of Attendance to all Tutors who complete BST Tutor Training. After teaching BST to two students, a tutor may apply for PLAR (Prior Learning Assessment Recognition) for four SIAST credits in the Rehabilitation Worker Certificate Program.

Graduates of BST receive Certificates of Achievement from SIAST. SIAST also offers four course credits in the Rehabilitation Worker Certificate Program to all BST Graduates.



## What are the benefits of offering BST?

- Builds expertise in your agency
- Skill based, hands-on training and evaluation
- Builds staff confidence
- Offered in-house
- Agency specific policies / information is included
- Low cost
- Bursaries available for registration cost
- Better trained staff = better service provision
- Education leads to higher retention
- Impacts attitudes towards choice, dignity, and respect
- SIAST offers four course credits in the Rehabilitation Worker Certificate Program for BST Graduates:
  - Philosophy of Services (SPSY-182)
  - Professional Role (SPSY-287)
  - Basic Care Skills PERS-180)
  - Introduction to Services HUMS-181)
- Tutor support is available through SARC

 **SIAST**  
Petting knowledge to work.  
[www.goSIAST.com](http://www.goSIAST.com)

## How long does it take to complete BST?

Tutors and Learners can anticipate that it takes approximately six months to complete the BST; however, a Learner has up to one year to complete the program. If an extension is required, please contact Marlene Dray at the SARC office to request an extension. There will be a \$35 administrative fee.

## How does BST work?

Agencies choose an employee to be trained as a BST Tutor. The employee attends a two-day training course, coordinated by SARC, that prepares him/her to return to the agency and teach Learners (Direct Support Workers).

BST is done in-house so it is convenient for the agency, Tutor and Learner. The content can be taught in groups or one-on-one.

BST is practical and hands-on training. To pass BST, Learners must write exams plus demonstrate the knowledge and skills at work.

  
**SARC**  
SASKATCHEWAN ASSOCIATION  
OF REHABILITATION CENTRES